

Teeth Brushing & Flossing Chart



























































Brush 2 Minutes in the Morning
Floss & Brush 2 Minutes at Night



✓ Check Off The Sun (Morning) & Moon (Night) When Completed

Name _____

Month _____

Sunday								
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								
Saturday								

Dental Partners of Vero Beach
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Parents Confirmation of Completion _____

When completed and signed, call our office to come in for a prize!